



Young people designing research addressing their readiness for work

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On behalf of Your Rheum, F Barton, L Lunt, C Wright, A Farre and JE McDonagh

Your Rheum – national advisory panel of young people to support ALL stages of adolescent and young adult rheumatology research.

Aim: to involve young people at the design stage of research addressing the challenges faced by young people with rheumatic disease in education and the workplace.

Methods : Zoom meeting Sept 2020

9 young people – 8F, 1M including from N Ireland and England

Key People to involve

Sector	Professionals
University	Occupational Health
	Disability Services
Employers	Those who provide work experience
Hospital	Physiotherapists
	Youth workers
Relevant charities	Versus Arthritis Young People and Family teams
Other	Professionals with health conditions themselves

Key Issues to address....

AND ideas as to how to address them

- Lots of issues!
- Professional understanding of health conditions
- Societal awareness of rheumatic conditions
- Education Plans
- Careers counselling – quality and appropriateness
- Work experience – issues in pandemic
- Worry about future work, career choices
- Transport issues

What did the 10 yr old You want to be when they grew up?

Mentimeter

A word cloud showing various career aspirations for 10-year-olds. The words are arranged in a roughly circular pattern. The most prominent words are 'astronaut', 'teacher', 'archaeologist', 'marine biologist', 'fashion designer', 'policewoman', 'a tennis player', 'race car driver', and 'chef'. The words are in various colors including blue, green, red, yellow, and purple.

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Ideas

- College/work friendly clinic appointments
- Disability Access plans
- Potential of youth workers
- Concept of invisible illnesses
- Virtual work experience
- Resources