

Please circle any words that describe your pain

The words I have circled describe the pain I have had (tick box)

- in last week
- in last month
- since last visit
- other (please give details).....

My pain is.....

The word cloud contains the following terms: *aching/ache*, *stiff/stiffness*, *frustrating*, *interfering*, *persistent*, *sharp*, *annoying*, *burning*, *stinging*, *stabbing*, *fluctuating*, *stressful*, *intense*, *heavy*, *dull*, *untreatable*, *improving*, *nagging*, *swollen*, *inconvenient*, *bearable*, *long-term*, *Warm/hot*, *tiring*, *heavy*, *agony/agonising*, *twinge*, *shooting*, *upsetting*, *manageable*, *irritating*, *rusty*, *walking on stones*, *embarrassing*, *depressing*, *pins & needles*, *overwhelming*.

Please add any other words which describe your pain.....